

C L I N I C A L P S Y C H O L O G I S T MA (Clinical Psychology) Unisa, PhD(Psych) Unisa

Dr Tshifhiwa Kodisang is a Clinical Psychologist who specialises in neuropsychological assessment and psychotherapy. She provides non-judgmental, client-centred psychotherapy to a diverse range of individuals, groups, and couples that need support. She specifically assists families and individuals with relationship difficulties; dealing with trauma, grief and loss; depression and anxiety; and spiritual or religious conflict. She collaborates with community organisations to present mental health education.

She completed her BA degree, Honours degrees in Psychology and Criminology, Masters in Clinical Psychology (cum laude) and PhD in Psychology, all obtained from the University of South Africa. In her current role as a senior student counsellor, she supports students through therapy and career counselling. She also provides psychotherapeutic services at her private practice in Montana Park, Pretoria. She is registered with the Health Professions Council of South African and an associate member of the South African Clinical Neuropsychological Association.

Dr Kodisang is passionate about her commitment to supporting individuals to develop and grow. Her psychotherapeutic approach encourages her clients to overcome challenges and be mindful of mental health issues that affect them as individuals and in relationships.

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